

Doctors ~~may be involved in~~ are prone to -an occupational phenomenon commonly referred to as “physician burnout.” In 1974, ~~an~~ American psychologist ~~called~~ Herbert Freudenberger introduced the phrase ~~of~~ “Burnout in Healing Professionals and Workers,”; which has since ~~then~~ attracted the attention of many people ~~to this type of sacrifice~~ in the medical world. ~~Despite the existence of~~ Even though numerous investigations ~~on~~ into Physician burnout have been performed, a few studies on its historical aspects ~~can be found~~ are scarce. ~~This~~ The present study is the first research work to ~~present~~ provide some historical evidence ~~on~~ regarding “physician burnout” as pointed out in the ~~book~~ “Adab al-Tabib,” a book written in the 9th century AD by ‘Ruhawi’ ~~(9th century AD)~~. He ~~has shown to have~~ provides an a way of understanding ~~of this~~ the concept ~~for talking about~~ of job stress, ~~in his book though~~ but he ~~fails to~~ offers ~~an~~ no exact equivalent definition for this state. In fact, ~~to finding~~ conceive and define an equivalent term ~~with its triple characteristics defined~~ in the 20th century ~~in a book dating to a thousand years ago or so~~ is almost impossible. ~~Most interestingly,~~ ‘Ruhawi’ introduced the same preventive strategies for physician burnout and its causes that are remarkably similar to those as those scientifically discovered in recent years can be evidenced to have been introduced by ‘Ruhawi’ that have been recently discovered by scientists. Hence, “Adab al-Tabib” ~~proves to be~~ is an outstanding medieval work ~~representing that addresses the same~~ physician burnout ~~addressed in~~ a way that is similar to how it is addressed today ~~the~~ current era.