

Doctors ~~may be involved in~~ are prone to -an occupational phenomenon commonly referred to as “physician burnout.” In 1974, ~~an~~ American psychologist ~~called~~ Herbert Freudenberger introduced the phrase ~~of~~ “burnout in healing professional workers,” which has since ~~then~~ attracted the attention of many people ~~to this type of sacrifice~~ in the medical world. ~~Despite the existence of~~ Even though numerous investigations ~~on~~ into physician burnout have been performed, ~~a few~~ studies on its historical aspects ~~can be found~~ are scarce. ~~This~~ The present study is the first research work to ~~present~~ provide some historical evidence ~~on~~ regarding “physician burnout” as pointed out in the ~~book~~ “Adab al-Tabib,” a book written in the 9th century AD by ‘Ruhawi’ (~~9th century AD~~). He ~~has shown to have~~ provides an a way of understanding ~~of this~~ the concept ~~for talking about~~ of job stress, ~~in his book though~~ but he ~~fails to~~ offers an ~~no~~ exact equivalent definition for this state. In fact, ~~to finding~~ conceive and define an equivalent term ~~with its triple characteristics defined~~ in the 20th century ~~in a book dating to a thousand years ago or so~~ is almost impossible. ~~Most interestingly,~~ ‘Ruhawi’ introduced the same preventive strategies for physician burnout and its causes ~~that are remarkably similar to those as those scientifically discovered in recent years can be evidenced to have been introduced by ‘Ruhawi’ that have been recently discovered by scientists.~~ Hence, “Adab al-Tabib” ~~proves to be~~ is an outstanding medieval work ~~representing that addresses the same~~ physician burnout ~~addressed in~~ a way that is similar to how it is addressed today ~~the current era.~~